



FINDING COMIDA FOR HISPANIC HERITAGE MONTH



Hispanic Heritage Month, which lasts from September 15th to October 15th, is a celebration to honor the many contributions that Latinos have made to shaping the United States. From names of cities and states, such as San Diego and Nevada, to certain types of country western music and cowboy culture. Some of the most well-known influences have been through Mexican-inspired cuisine and here are just a few San Diego restaurants serving dishes to enjoy through the month.

[The Taco Stand](#), with locations in La Jolla, Downtown and Encinitas, and a North Park location set to open soon, serves authentic tacos and burritos inspired by the food stands of Tijuana. The restaurant features handmade tortillas, fresh ingredients and top-grade meats to provide residents a taco stand experience north of the border. Try the **Al Pastor** taco, made with rotisserie marinated pork, cilantro, onions, cilantro sauce and pineapple. The Taco Stands also serves Mexican Coke to help wash down your tasty tacos.

A fusion of northern Mexican fare and Mediterranean flavors, [Romesco](#) in downtown's Little Italy, is dedicated to serving customers authentic entrees and diverse tapas based on taste, textures and aromas. Mastermind in the kitchen, Chef Eduardo "Lalo" Covarrubias's Mexican roots run deep, as he was born in Guadalajara and is devoted to serving genuine cuisine at Romesco. The **Traditional Chile en Nogada** is a recipe from Puebla, Mexico that combines poblano roasted peppers filled with ground beef, pork, a dried fruit and walnut-pine nut mix, walnut-goat cheese, cream sauce and pomegranate arils. ¡Suena delicioso!

[Del Sur Mexican Cantina](#) strives to bring quality Mexican food to the South Park neighborhood with their vegetarian and vegan-friendly menu, and family-friendly atmosphere! Along with tacos, burritos and combination plates, Del Sur serves specialty plates such as the **Enchilada Suizas**. This dish consists of pulled chicken in a green tomatillo sauce, rolled into a corn tortilla and doused in suiza-style sauce. The white, milk cream-based sauce, derived from immigrants who came to Mexico from Switzerland, is topped white cheese, tomato, lettuce and pickled onion. Del Sur also has a fun and lively margarita and tequila selection, including six different tequila flight options.

Recently opened in Carlsbad, [Jalisco Cantina](#) has an extensive specialty cocktail, margarita and tequila menu to really get the celebration started! Try the **Mango Serrano Margarita**, made with 100 percent Blue Agave tequila, ancho Reyes Chile liqueur, mango puree, fresh lime and curacao. Jalisco Cantina also offers several traditional Hispanic dishes. Get started with the **Jalisciense Pozole**. This soup or stew from Mexico, which once held ritual significance, consists of pork, hominy, chile de arbol, oregano, cabbage, lime, radish, cilantro and onion. They serve other starters, tacos, salads and a few main dishes.

There is no better time than Hispanic Heritage Month to indulge in some of the most delicious tacos and Latin-American inspired meals around San Diego, so stop at these spots to enjoy some flavorful dishes throughout the month!